

## **Vision Statement: Sixth Form Personal Development Programme**

Our vision is to grow each individual student, ensuring that during the 'bridging' period when studying at Purbeck they develop the skills, knowledge, and mindset necessary to thrive in an ever-changing world. We strive to cultivate resilient, self-aware, and socially responsible individuals who are prepared to lead and innovate with integrity. Through holistic development, we aim to inspire lifelong learners who are passionate about personal growth, committed to their communities, and equipped to make meaningful contributions to society. Our programme nurtures curiosity, fosters emotional intelligence, and encourages a spirit of collaboration, ensuring every student moves forward as a confident, well-rounded individual ready to embrace the challenges and opportunities of the future.

## **Personal Development**

The Purbeck School Sixth Form facilitates students' personal development through a range of activities, both within the tutor programme and in our enrichment offer. Indeed, our 'Grow' ethos, consistently draws our students' attention to the importance of developing their experiential knowledge and skills, as well as those related to their academic study. Activities are matched against the PSHE Association's Programme of Study (KS5) and are audited to ensure that progression from key stage 4 has made for each learning opportunity in each core theme.

## **Pastoral Care**

Students are supported in their development through a pastoral system, including their tutor, head of year and our sixth form centre manager. These role models provide excellent examples of how to become positive members of a community.

## **The Tutor Programme**

Our tutor programme includes sessions which support student growth in many key areas of maturing into adulthood:

- Monday AM: Personal Development – A comprehensive programme including the following, which is linked to the weekly sixth form bulletin and delivered by the tutor team. The programme is taken from the PSHE association scheme of learning, resourced through the Cre8Tive VI Form package:
  - Self-concept
  - Mental Health and Emotional Wellbeing
  - Healthy Lifestyles
  - Managing Risk and Personal Safety
  - Sexual Health
  - Drugs, Tobacco and Alcohol

- Relationship Values
- Forming and maintaining respectful relationships
- Consent
- Contraception & Parenthood
- Bullying, Abuse & Discrimination

We also look to cover topical issues such as drink spiking, laughing gas misuse, etc... as well as having external agencies come in to deliver sessions such as Save Drive Stay Alive

- Tuesday AM (Year 12) Wednesday AM (Year 13): Assemblies – These focus on key messages, such as resilience, perseverance and work ethic, and also embrace topical cultural and societal events and topics.
- Tuesday PM (Y12); Wednesday PM (Y13): Mentoring – Our mentoring system allows each student to be supported in their development with one to one sessions with their tutor every term. The sixth form management team deliver our Wider Perspectives content to the remainder of the tutor group.
- Wednesday AM (Y12) Thursday AM (Y13): News – We encourage students to think critically about current events and give them the opportunity to learn about what life is like in other countries and cultures.
- Thursday (Y12) Tuesday (Y13): Tutor Theme – Each half term we have a different tutor theme, which focus on a key area of personal development. These include:
  - Preparing for work experience: Work on writing a CV, interview technique and health and safety in the work place.
  - Leadership: Preparation for our student leader roles as well as developing students' ability to work as part of a team.
  - Debating: Encouraging students to consider other people's points of view and to argue critically on a subject.
  - Presentation: Building students' self-confidence by asking them to prepare and deliver a presentation in front of a body of people.
  - Revision: Giving students the tools to prepare for their examinations
  - Progression: Work on securing a place in further education, including an apprenticeship or university course. This with reference to visiting speakers (e.g. Bath University) and the employment of Unifrog.
- Friday AM: Progression – These sessions are designed to give students the opportunity to think about their future plans. This includes information about university courses, apprenticeships and career related employment. The comprehensive programme Unifrog is employed at specific times as students develop their own individual post-18 plans. On Friday afternoons we maintain the tradition of enjoying cake and a quiz.

## **Religion, equality and wider understanding**

In Autumn 2024 we welcome The Many Faiths Together Team, delivering an informative and wide-ranging forum:

*This project brings together 5 Community Leaders representing, Buddhism, Christianity, Humanism, Islam and Judaism, to share a multi-faith and world view perspective on global*

*issues and dilemmas. We will create safe spaces to talk, treating each other with respect, while listening to different views. We will encourage conversations between those of faith and no faith to find our shared values of respect, empathy and well-being.*

Additionally, our Wider Reading input (Tuesdays and Thursdays – delivered by sixth form staff leadership team) includes a programme of articles about belief systems and recognised historical figures, which are supported by extension videos, podcasts and book recommendations. This is supplemented by sixth form leader-delivered assemblies marking traditional religious festivals including Rosh Hashanah, Diwali, Advent, Eid al-Fitr and Guru Nanak Dev.

## **Progression**

As well as our tutor progression sessions, we have a dedicated UCAS and apprenticeship advisor who supports the students in securing the next step in their education.

## **Enrichment**

Giving students the opportunity to develop further their knowledge, interests and skills, this rich programme is designed to allow students to develop their experiential side, offering them a range of activities, most of which are completed on a termly rotation following the completion of student preference forms. The offer has been improved through student voice, which has suggested content such as cooking, finance and first aid, all of which have been added to the offer.

The 24/25 offer is added as an appendix to this document.

Additionally, some students have secured separate enrichment experience which takes place on Wednesday afternoon. Such placements include working with the RSPB at the nearby Arne Nature Reserve. In Autumn 2024 we will launch a leadership qualification with The National Trust which includes the awarding of 8 UCAS points.

## **The Year 13 Leadership Team**

This consists of a broad body of leaders; each position is substantial and includes a job description which supports both the student and associated staff in providing a time-specific framework intended to secure strong experiential and practical outcomes. The roles include the following: four House Captains; a Welfare Leader; Wellbeing Leader; Equality and Diversity Leader; Publicity Leader; Social Event Leader; Charity Leader; Student Voice Leader; Inter-house Leader; other supporting prefects.

To gain these positions of responsibility the students complete an application and interview process and, if successful, attend weekly minuted meetings with their associated head of year.

## **Work Experience**

Every student is supported in securing a week's work experience which occurs in the Summer Term of Year 12. In addition, all Year 12 students prepare for and complete a mock interview with local businesspeople.

Please see the 'logo sheet' which gives examples of external organisations that our students engage whilst studying at The Purbeck School Sixth Form.



Appendix

### **VI Enrichment Offer 2024/25**

You will ***pick any three*** from the following, but *you must pick three*.

#### **The National Trust Leadership Skills Award**

The National Trust are working with Purbeck VI to bring essential leadership skills to life through a practically applied qualification, empowering learners with the confidence to believe, the qualities to lead and the skills to succeed. Do you have ambitious hopes and inspirational dreams of how you can change the world around you? This award takes your optimism and determination to generate the impact you want to have by delivering a project for positive change. Successful learners attain a Level 3 leadership award and 8 UCAS points.

#### **Finance with Mr Waterman**

Learn more about the nuts and bolts of personal finance with Mr Waterman, including saving, borrowing, tax, financial security and making the most of your money. A course supported by Martin Lewis' 'Your Money Matters'.

#### **Cooking on a Budget with Mr Eden**

In the not too distant future you are more than likely going to start buying and cooking your own food – some may already be doing this.

Being able to plan and prepare food that is tasty and nutritious and affordable is such an important life skill. The aim of this enrichment is for it to be a fun practical session where you will make food that is easy to make and tasty as well as being low cost. You will be provided with a recipe booklet to take home that not only includes a great variety of recipes but some hints and tips to help you. You may be asked to bring in some additional ingredients to compliment the dishes we will make. Any dietary needs can be accommodated and this will be discussed in the first lesson.



- Enhance feelings of confidence. Improve cognitive abilities.
- Increase social skills and interactions

What sorts of things will we do?

- Colour for mindfulness                      Make cards for Christmas etc.
- Pom-pom making                              Cross-stitch
- Origami

### **Boardgames with Mr Nicolaides/Mr Wilde**

Do you like playing games? Would you like to compete against your peers... and win? Do you want to have fun on Wednesday afternoons?

If so, boardgames are for you.

How will you benefit from playing boardgames?

- Increase your brain's function.                      Reduce stress and have a laugh.
- Enhance creativity and self-confidence.
- Improve social skills.                      Learn how to think strategically, set goals and develop patience.

What will you learn?

- Discover how to reduce reliance on luck, or chance; instead you will develop an adaptable, methodical strategic approach to playing games.

Games will include traditional and well-known ones such as Risk, Monopoly and Mastermind, as well as the introduction of contemporary ones such as Mind Genius.

### **Stretch and Breathe with Mrs Pike**

Join me to calm your body and mind. We will look at relaxation techniques and use yoga style stretches. You will need to wear comfortable clothing.

### **Film Club with Mr Clay**

We aim to view seminal and classic films and the film itself is very much the group's decision. Either way, it is a very enjoyable and relaxing way to spend an hour escaping the stresses and strains of school work.

### **Primary teaching organised by Mr Holmes**

Experience gained by volunteering is highly-prized by future employers and higher education providers. This enrichment offer will see you helping to plan educational sessions in our partner primary schools including those in Wareham and Stoborough (unfortunately some are too far away to make it viable). You may spend an afternoon reading 1:1 with students in Year 3 or 4, or co-leading a Maths or Science workshop for Years 5 and 6. Maybe we will even get to do potato printing!

If you are interested in working with young people in the future then this might be the enrichment option for you.

## **Sport with Mr Smith**

Whether you are a sports fanatic, or just want to feel healthier, this is the enrichment for you! We will coach you in getting fitter with a multitude of team sports. By the end of the enrichment cycle you will hopefully be able to run continuously for 30mins or longer, and will feel fit and healthy. You will also have had the opportunity to test yourself against not only your peers, but Mr Smith and Mr Tullett, in a variety of sports!

Other enrichments that we will run separately to the Wednesday programme:

**Gap Year Club** with Mr Holmes (Thursday lunchtimes E11)

**Presentation and Interview Skills** with Mr Dunn (tbc)

**CPR** with Mrs Scott (this will be delivered a tutor group at a time)

**TEFL accredited qualification** – two days annually in July of summer holidays (Mr Holmes)