

Psychology A Level Year 13

A good psychology student blends scientific curiosity with deep empathy. They combine critical thinking and objective research skills with strong communication, tolerance, and ethical judgment, successfully applying psychological concepts to real-world situations. The traits and skills that define an exceptional psychology student include:

Scientific & Analytical Mindset Critical Thinking: They evaluate theories and data objectively rather than simply accepting information at face value

Data Literacy: They are comfortable—or at least willing to engage—with statistics and experimental design, which are the backbone of psychological research.

Inquisitiveness: They possess an innate desire to understand the "why" and "how" behind human behaviour and cognitive processes.

Empathetic Understanding: They can step into other people's shoes, offering acceptance and support without judgment.

Active Listening: They know that effective communication requires listening and absorbing information carefully before responding.

Tolerance and Inclusivity: They respect diverse viewpoints and cultural differences, consciously avoiding bias.

Summary of course content

The Psychology A Level syllabus is split into three examination papers:

Paper 1

Compulsory content:

- 1 Social influence
- 2 Memory
- 3 Attachment
- 4 Clinical Psychology and Mental Health

Paper 2

Compulsory content:

- 5 Approaches in Psychology
- 6 Biopsychology
- 7 Research methods

Paper 3

8 Issues and debates in Psychology

Optional

Option 1

9 Relationships

10 Gender

11 Cognition and development

Option 2

12 Schizophrenia

13 Eating behaviour

14 Stress

Option 3

15 Aggression

16 Forensic Psychology

17 Addiction

You can find the AQA specification here: <https://www.aqa.org.uk/subjects/psychology/a-level/psychology-7182/specification>

Weekly:	• Completion of set work as outlined in the grid below. Read one lesson ahead on Teams.
Fortnightly:	• Review of recent lessons, learning key terminology, producing revision resources such as cards and mind maps; completion of additional reading from web sites.
Half termly:	• Revision: Review knowledge quizzes. Review topics and produce revision resources, e.g., flashcards, mind maps, posters, etc. Complete planning of past exam paper answers.

In addition to those provided for specific tasks by your teacher, resources include:

TEAMS: reading list; knowledge organisers; lesson PowerPoints and reference materials; end of unit summaries.

Massolit: <https://massolit.io/>

Recommended sites for independent research – see separate list.

Independent Learning Schedule – two hours directed by each of your teachers (subject to change):

Relationships, Eating Behaviour, Biopsychology, Research Methods 2, Issues and Debates

Reading

Videos

Knowledge organisers

Essay Practice

Revision Cards/Mind maps

Exam Questions

Week beginning	Y13
7 th September	Relationships – start glossary of new terms Self Disclosure: Psychboost 21 minutes in https://www.youtube.com/watch?v=i4GgPzWzHR8
14	Physical attractiveness: Read and make notes https://www.tutor2u.net/psychology/reference/relationships-physical-attractiveness?srltid=AfmBOorWAVil324Koli7IV-lKg5RCPsjmflQ67sloZrJWjJ_YkuVP-dp
21	Matching Hypothesis Read - https://www.psychstory.co.uk/relationships/matching-hypothesis
28	Filter Theory Social Exchange Theory Equity Theory Mind map all three theories Exam question: paper 3
5 th October	Rusbult's Investment Model Revision for KO quiz
12	Duck's Model, Online Relationships Research celebrity breakdown and apply it to the model. Essay practice: outline and evaluate research into the breakdown of relationships (16 marks)
19	Parasocial Relationships Knowledge organizer test Multiple Choice Quiz – text book
26	Half term
2 nd November	Research Methods 2 – start glossary of new terms Complete work booklet from last year
9	Log on to GCSE Bitesize – recap on: fractions, ratios, decimals etc
16	Case studies – Revision card on advantages and disadvantages Content Analysis – Exam question Paper 2
23	Guided reading on Reliability and Validity page 66-69
30	Memorize Statistical Test Table
7 th December	Multiple choice test page 90/1
14	KO Test
21	Christmas holidays
28	Christmas holidays
4 th January	Biopsychology – start glossary of new terms
11	Practice drawing the three types of neurons: sensory, relay and motor. Page 36

